



# Wise Highs

... Choices you can live with

**Bowling**    **Playing cards**

Rap & Sing    Horseback Riding  
**Gardening**    **SKATE BOARDING**

Exploring new places  
**Listening to music**

**Instant Messaging**  
**Talking on the phone**

**Camping**

Hanging out with friends  
**Reading**

*Shopping at the mall*

**FISHING**

Sleepovers

**Basketball**

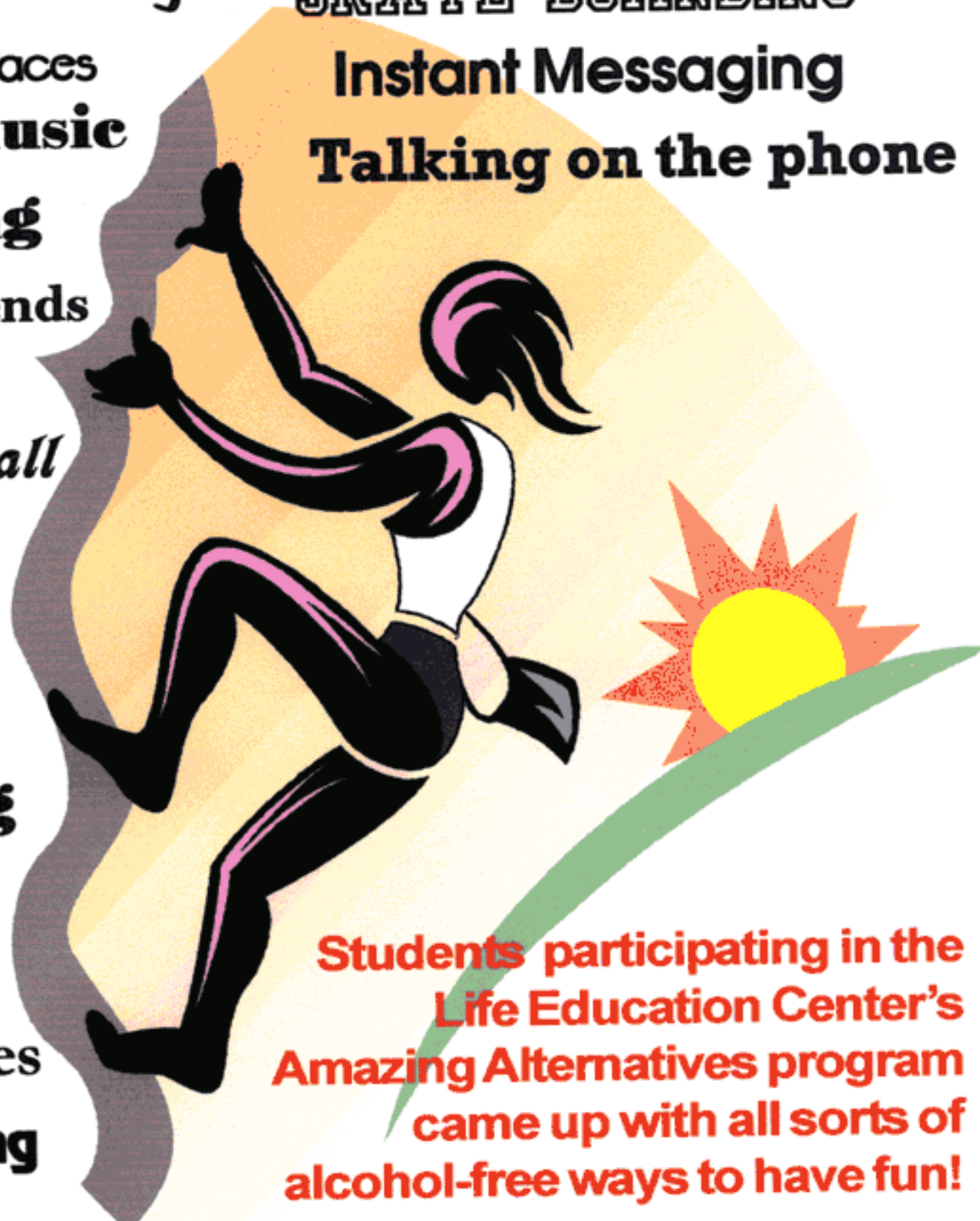
**Tanning**

Biking

**Dancing**

Going to the movies

**Wrestling**



**Students participating in the Life Education Center's Amazing Alternatives program came up with all sorts of alcohol-free ways to have fun!**